

Resources to Foster Understanding and Ongoing Dialogue about Race, Racism, Bias, Discrimination, Racialized Violence, and the “Talk” for Child Health Providers

This is not a comprehensive list and please feel share any additional resources

Position statements:

1. Maria Trent, Danielle G. Dooley, Jacqueline Dougé, SECTION ON ADOLESCENT HEALTH, COUNCIL ON COMMUNITY PEDIATRICS, COMMITTEE ON ADOLESCENCE. **The Impact of Racism on Child and Adolescent Health.** Pediatrics Aug 2019, 144 (2) e20191765; <https://pediatrics.aappublications.org/content/144/2/e20191765>
2. American Public Health Association Policy Statement: 201811. **Addressing Law Enforcement Violence as a Public Health Issue.** <https://www.apha.org/policies-and-advocacy/public-health-policy-statements/policy-database/2019/01/29/law-enforcement-violence>

Other Relevant Publications:

3. Kathy Sanders-Phillips, Beverlyn Settles-Reaves, Doren Walker and Janeese Brownlow. **Social Inequality and Racial Discrimination: Risk Factors for Health Disparities in Children of Color.** Pediatrics 2009;124;S176 (includes conceptual model)
4. Terry Maroney and Barry Zuckerman. **“The Talk,” Physician Version: Special Considerations for African American, Male Adolescents.** Pediatrics February 2018, 141 (2) e20171462; DOI: <https://doi.org/10.1542/peds.2017-1462>. <https://pediatrics.aappublications.org/content/141/2/e20171462>
5. Rhea W Boyd, Angela M. Ellison, Ivor B. Horn. **Police, Equity, and Child Health.** Pediatrics. 2016;137(3):e20152711 - July 01, 2018, <https://pediatrics.aappublications.org/content/pediatrics/137/3/e20152711.full.pdf>
6. Dana E. Crawford, Nathan T. Chomilo, Mariana Glusman, Milani Patel, Laura Krug, Margot Kaplan-Sanoff. **“Let Up” A Systematic Approach to Responding to Cultural Bias in Health Care. Zero to Three.** November 2019.
7. Jean L. Raphael and **Suzette O Oyeku.** “Implicit Bias in Pediatrics: An Emerging Focus in Health Equity Research.” *Pediatrics*. 2020;145(5):e20200512 (see attached pdf)
8. Maria V. Svetaz, Tamera Coyne-Beasley, Maria Trent, Roy Wade Jr, Michael Howard Ryan, Michele Kelley, Veenod Chulani. **The Traumatic Impact of Racism and Discrimination on Young People and How to Talk about it.** Excerpted from Reaching Teens, 2nd Edition. *See attached pdf*
9. **Having the Talk Expert Guidance on Preparing Kids for Police Interactions**
 - a. <https://www.npr.org/local/309/2019/08/27/754459083/having-the-talk-expert-guidance-on-preparing-kids-for-police-interactions>

Parent/Caregiver Resources to speak to children/adolescents about Race, Racism and Violence and Traumatic Events

- Talking to Your Children about Bias – from Healthy Children.org, American Academy of Pediatrics
 - <https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Talking-to-Children-About-Racial-Bias.aspx>
- Talking to Children about Tragedies and Other News Events
 - <https://www.healthychildren.org/English/family-life/Media/Pages/Talking-To-Children-About-Tragedies-and-Other-News-Events.aspx>
- Racial Stress and Self Care Parent Tip Tool: *See attached pdf*
- Embrace Race website has extensive resources: <https://www.embracerace.org/>
- National Museum of African American History & Culture: Talking About Race: <https://nmaahc.si.edu/learn/talking-about-race>
- Infographic – Are your kids too young to talk about race?
 - <https://www.prettygooddesign.org/>
- Your kids re not too young to talk about race? Round up of Resources
 - <https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>
- Beyond the Golden Rule: A Parent’s Guide to Preventing or Responding to Prejudice. (Teaching Tolerance.Org Publication)
 - https://www.tolerance.org/sites/default/files/general/beyond_golden_rule.pdf

Books for Children and Teens

- *For young children (ages 4-8):* Something Happened in Our Town follows two families — one White, one Black — as they discuss a police shooting of a Black man in their community. The story aims to answer children's questions about such traumatic events, and to help children identify and counter racial injustice in their own lives. by Marianne Celano, Marietta Collins, and Ann Hazzard;
 - <https://www.apa.org/pubs/magination/441B228>
- *For children in pre-K, K, 1-2, 3-5:* One Big Heart: A Celebration of Being More Alike than Different. Lucy Fleming, Linsey Davis <https://www.scholastic.com/teachers/books/one-big-heart-by-lindsey-davis/>
- *For teenagers dealing with police shootings:* The Hate U Give by Angie Thomas.
- Raising White Kids: Bringing Up Children in a Racially Unjust America by Jennifer Harvey
- *Daddy Why Am I Brown?* A healthy conversation about skin color and family by Bedford F. Palmer
- *A Terrible Thing Happened* by Margaret Holmes